

GRSA Sail Camp 2008 Program Information

Program Overview

The Greater Richmond Sailing Association's Junior Sailing Program (or Sail Camp) has been established to offer a high-quality program of reasonably-priced sailing instruction and boating safety education for children of the membership and, if space permits, of non-members. Overall supervision of Sail Camp 2008 will be by the GRSA Sail Programs Director, Tony Flores, and the Sail Camp Director, Rowland Brown. The GRSA program has successfully taught hundreds of youngsters to sail competently and enjoyably for over 20 years. Several of the students have gone on to become U.S. Sailing Association certified sailing instructors while others have continued sailing both at GRSA and at the collegiate level. **Non-GRSA members wishing to apply to attend Sail Camp are required to have a GRSA member sponsor.**

The Staff

There will be adequate instructor staff to assure an optimum student/teacher ratio in order to promote a good learning atmosphere for the children and to provide individual attention when required. Daily supervision will be by the Sail Camp Director, Rowland Brown. Each instructor will be U.S. Sailing Association certified, and will be selected based on his/her ability to work with students in this age group.

Facility, Boats and Instruction Levels

The GRSA facility is located on the Swift Creek Reservoir and is a well-maintained and safe setting for Sail Camp. The Level I (Basic) students will sail one per boat in a Sunfish sailboat. The Sunfish provides a good combination of stability and performance. The Level II (Intermediate) students will be sailing a two-person boat with a mainsail and a jib. The Level III (Advanced) students will be sailing a Laser sailboat.

Students not having access to their own boat will have one provided to them, either from the fleet of club-owned boats or from a group of boats loaned to the Sail Camp by GRSA members. Class size will depend on the number of boats available. GRSA members and their relatives receive priority with non-members assigned to boats on a first come, space available basis. If you are a non-member registering and have a Sunfish or Laser available for use, you may arrange to bring it to the GRSA site for camp use for the week of instruction and for the Junior Regatta on Saturday, June 28, 2008.

Level II students must demonstrate their sailing abilities on the Sunfish sailboat. A qualifying test will be given prior to the start of Sail Camp unless the student has participated in the Level II course before, or the Sail Camp Director is familiar with the student's sailing skill.

Level III students will be chosen by the Sail Camp Director, Roland Brown, after review of their applications and must:

- be mature sailors;
- be able to follow directions independently without reinforcement;
- be able to work as team members;
- have the strength necessary to assemble, disassemble and sail the Laser sailboats; and
- have demonstrated their sailing skills at Level II for at least one year.

Dates

Sail Camp '08 instruction	June 23 (Monday) through June 27 (Friday)
Junior Regatta*	June 28 (Saturday)

* - Sail Camp students are strongly encouraged to demonstrate their sailing skills at the Junior Regatta. Parents are invited to attend this fun and exciting event.

Mandatory Pre-Camp Orientation and Swim Trial

A mandatory orientation will be held at the GRSA site on Sunday, June 22, 2008 at 2:00 pm for parents and students. You will have a chance to meet the instructors, locate the boat you will be using, ask any

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questions you might have, and perform the swim test. The Sail Program Committee and instructors will be introduced. **Please bring items 1-3 under "Equipment Recommendations to Parents" (below) to the meeting.**

Daily Schedule

8:00 am	Arrival time
8:00 am – 11:30 am	Morning session
11:30 am – 12:15 pm	Lunch
12:15 pm – 3:00 pm	Afternoon session
3:00 pm – 3:30 pm (no later)	Dismissal

Attendance

- Arrive on time. Instruction begins promptly at 8:00 am.
- Students must sign an attendance log upon arrival and upon dismissal each day.
- Students must follow the Code of Conduct at all times (see page 3 for details).
- Students shall not leave the GRSA grounds during class sessions without proper authorization.
- There is no make-up instruction if a student is tardy or absent.
- If a student misses a class session, a written excuse from a parent/guardian must be submitted to the Sail Camp Director.

Equipment Recommendations to Parents

1. **Life jackets** - Students are required to bring their own USCG-approved life jacket each day and will be required to wear them at all times when on the water.
2. **Clothing** - Students should dress in comfortable clothes that can get wet. Some prefer to wear bathing suits when sailing. A towel and complete change of clothes are also recommended.
3. **Shoes** - Required at all times! It is not necessary to buy expensive boat shoes. Absolutely no flip-flops, Texas or open-toe shoes. Old tennis shoes or closed-toed water shoes are required.
4. **Sun Protection** - Sunscreen is a must. Hats, visors or sunglasses are highly recommended.
5. **Plastic Water Bottle** – We recommend the athletic type bottles found at sporting goods stores or half-liter plastic bottled water containers, which have worked well at past sessions. Students are encouraged to drink plenty of water on hot days, both on and off the water.
6. **Lunches** - Students should bring their own lunch in an insulated container. Ice is available on site.

Registration Instructions

Important notes:

- 1) **Your signed, completed application and the related payment must be received by the Sail Camp Registrar by Thursday, May 15 in order for Sail Camp personnel to have adequate time to secure loaner boats and to perform other planning items. The cost of Sail Camp is \$100 for GRSA members and \$150 for non-members, with checks made payable to GRSA. Applications received after that date will result in a \$25 late fee. Applications may have to be turned down if there are more applications than boats or if the class size becomes too large. Please help us to continue to offer a high-quality sailing experience by getting those applications in by the deadline.**
- 2) **The application for Sail Camp is not considered complete and the student is not fully registered until both the signed (by the parent/guardian and the student) application and the payment are received by the Registrar.**
- 3) **Mail completed and signed (by parent and student) application and related payment to: Deb Taminger, Sail Camp Registrar, 9307 Elkwood Road, Midlothian, VA 23112.**
- 4) **You may contact the Sail Camp Registrar, Deb Taminger, at taminger@yahoo.com or 639-0973 with any registration questions.**

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Greater Richmond Sailing Association Junior Sailing Program Code of Conduct

Safety, Learning and Fun—

These are the words that best describe the goals of the Greater Richmond Sailing Association Junior Sailing Program. To achieve these goals, we need some basic rules. The program rules are straightforward...many are simple common sense and good manners...others apply directly to boating safety.

1. Shoes must be worn at all times. No flip flops, Tevas or open-toe shoes.
 2. U.S. Coast Guard approved Personal Floatation Devices (PFDs) must be worn and secured when in boats and at other times as specified during the course.
 3. Students shall not leave the GRSA grounds during class sessions without proper authorization. Attendance guidelines will be followed as specified after the "Daily Schedule" section of this Program Information document.
 4. Students must be able to communicate basic needs and be able to tolerate large group activities in order to participate in the course.
 5. Sportsman-like conduct is expected of students at all times, on and off the water. Foul language, disruptive behavior or disrespectful gestures will not be tolerated.
 6. No tampering with boats or equipment that does not belong to you is permitted. Borrowing is not allowed.
 7. No glass containers are allowed on GRSA grounds or boats. No littering.
 8. Follow all GRSA rules as posted at the site (i.e., there shall be no running, pushing or unauthorized swimming; piers and ramps are to be used only for their specified purposes; no rock throwing).
 9. Smoking, alcohol and drugs are absolutely forbidden; any violation will be grounds for immediate dismissal.
 10. It is expected that all students will assist in the launching and retrieval of all boats before the day begins and the program day has ended. This is a team effort.
 11. Most of the boats used for Sail Camp are member or GRSA owned. Care and respect of the boats is required:
 - No standing or walking on boats with sandy shoes (they will scratch)
 - No dropping any boat parts or equipment on the ground or on boats (use teamwork)
 - Notify the Sail Camp Director of ANY damage to the boat, sail or trailer during the week of Sail Camp (he does not like surprises)
 12. All boats must be cleaned (all sand removed and rinsed with water), placed on the trailer/dolly, and returned to the appropriate GRSA parking spot at the end of Sail Camp on June 27 and again at the end of the Junior Regatta on June 28 (do not leave this task for the staff to do).
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